

FCC Kids At Home Lessons Week 1 – Trust in God

Family Opening: Bible Reading

Parents: Preface this family lesson with encouragement to your children that we must trust in Jesus no matter what. He is all powerful, all knowing, and all loving. While the world seems unstable and uncertain, God is our rock in the storm. Your calm during times like these will help your child to remain calm as well. This message on trust is as much for you as it is for your children.

Matthew 6:25-34

Do Not Be Anxious

"That is why I tell you not to worry about everyday life—whether you have enough food and drink, or enough clothes to wear. Isn't life more than food, and your body more than clothing? Look at the birds. They don't plant or harvest or store food in barns, for your heavenly Father feeds them. And aren't you far more valuable to him than they are? Can all your worries add a single moment to your life? And why worry about your clothing? Look at the lilies of the field and how they grow. They don't work or make their clothing, yet Solomon in all his glory was not dressed as beautifully as they are. And if God cares so wonderfully for wildflowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith? So don't worry about these things, saying, 'What will we eat? What will we drink? What will we wear?' These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs. Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need. So don't worry about tomorrow, for tomorrow will bring its own worries. Today's trouble is enough for today."

Video Lesson: Pastor Matt

Find Video link at: <https://vimeo.com/399277556>

Family Discussion Questions/Activities:

- 1) Look outside your window, or go outside if the weather is nice, and find 3 things that God is taking care of right now. How is God taking care of nature's needs? How are the needs in nature like your needs?
- 2) Jesus tells us not to worry about things we can't control, but trust that God is going to take care of our needs. What needs does your family have right now? How is God meeting those needs? What can you be thankful for today?
- 3) What worries you most about the world right now? What would make you feel better? Talk as a family about how you are supporting each other in your worry.
- 4) Make a list as a family of 5 things that you can trust Jesus with today. Put them up somewhere in your house so you do not forget to trust Him every day!

Family Prayer:

Pray as a family for the specific needs below. These are all included in the church's Coronavirus Prayer Guide, but they have been modified to be child friendly. Please make these prayers your own.

- 1) **Prayer For The Disease To Stop:** Dear God, we pray for You to miraculously stop the Coronavirus. We pray in Jesus' name that the virus would slow down and not spread any more. We trust that You can make this happen, because You are all powerful and all loving. We also trust that You know best. Please let this happen, but only in Your timing.
And we are confident that he hears us whenever we ask for anything that pleases him. – 1 John 5:14
- 2) **Prayer For The Sick:** We pray for those who are sick, that they can see a doctor and get the help they need. We pray for people to trust You in this time, even if they aren't feeling well. Help those who are sick to get better quickly. You are in control, so help people turn to You and trust in You only.
God is our refuge and strength, always ready to help in times of trouble. – Psalm 46:1